

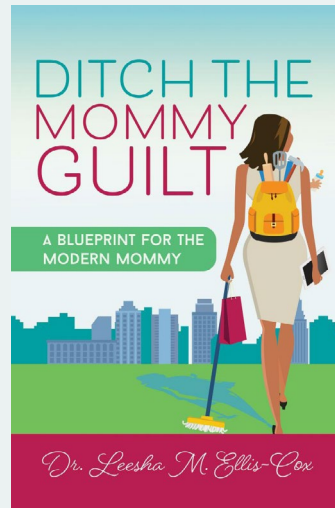


Dr. Leesha

PRESS KIT

Equal parts psychiatrist, therapist, and friend, Dr. Leesha knows first-hand how tough parenting can be. As a mother to three energetic children and a board-certified child and adolescent psychiatrist, she has been there, done that, and is still doing it. Through her blog, email newsletter, online course, books, and speaking engagements, she delivers parenting truths laced with humor, transparency, and grace to refresh and restore overwhelmed, stressed-out mommas.

- PRACTICING PHYSICIAN
- DYNAMIC PUBLIC SPEAKER
- PUBLISHED AUTHOR
- WIFE & MOMMY
- PARENTING EXPERT



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CULTIVATING HEALTHY MINDS,
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